

Protect your loved ones from harmful online searches

We are raising awareness of a free mental health and suicide prevention resource from a charity called Ripple which is available as an additional layer of protection and support for you to download immediately.

Ripple which is a unique browser extension that intercepts searches for harmful material online, and instead directs users to mental health resources. If a user searches for harmful content online, they will first be guided through a filter of breathing exercises and then very simple, uncluttered and calmly presented strategies and forums. There are also helplines and mental health services they can access both now and longer-term: accompanied with messages of hope and encouragement to keep them safe.

It works by downloading (free to use) and then uses an interceptive tool designed to present a visual prompt when a person searches for harmful keywords or phrases relating to the topic of self-harm or suicide. These phrases include any words or terminology which have been identified as displaying potentially damaging online content.

Simply log onto www.ripplesuicideprevention.com and then on the first page select **Install**, select your web browser and select **get**.



Transforming harmful
<online searches>
into a journey of hope

Discreetly intercepting flagged search terms and
signposting to free, 24/7 mental health support

Install ↘

