

PSHE Yearly Curriculum Overview Pathway 1

	Topic
<p>Autumn 1</p> <p>Responsibility & making the most of their ability</p>	<p>Self Esteem</p> <p>L/O Feel good about themselves</p> <ul style="list-style-type: none"> - Be aware of themselves and others.
	<p>Democracy & human rights</p> <p>L/O Learn how to complain.</p> <ul style="list-style-type: none"> - Be aware when something is wrong.
	<p>Taking responsibility for employment</p> <p>L/O Learn to access information independently.</p> <ul style="list-style-type: none"> - Learn to access some information with some help. Be aware of opportunities for employment and the alternatives to paid employment.
	<p>Change in the Community</p> <p>L/O Prepare positively for change.</p> <ul style="list-style-type: none"> -encounter new situations.
<p>Autumn 2</p> <p>Developing good relationships and respecting differences</p>	<p>Stereotypes</p> <p>L/O Identify professional roles</p>
	<p>Working relationships</p> <p>L/O Interact with a range of people in familiar and unfamiliar environments.</p> <ul style="list-style-type: none"> - Be aware of others in a work environment.
	<p>Ethnic Diversity</p> <p>L/O Recognise themselves alongside others in the wider community.</p> <ul style="list-style-type: none"> - Be aware of themselves as young people and as part of a multi-cultural society.
<p>Spring 1</p>	<p>Accessing the community</p> <p>L/O Participate in familiar community activities.</p> <ul style="list-style-type: none"> - Have encountered people and places of their community.

<p>Knowledge and understanding and becoming informed citizens</p>	<p>Banks and savings L/O Use a simple banking system.</p>
	<p>Decision making – voting L/O Expresses preferences. L/O Accept the choice of another.</p>
<p>Spring 2 RSE- Changing and Growing</p>	<p>Knowing My Body L/O To know and name private body parts. To know that we always name these breasts, vagina, bottom and penis. To look at gender body changes over time (SGG) To develop independence Menstruation should be taught as something that will happen only to the girls as part of growing up and becoming a woman.</p>
	<p>Knowing Me L/O To reflect on friendship as a two-way relationship.</p>
	<p>Private and Public L/O To know that some forms of social touching are less acceptable with age. Eg. Holding hands with teachers when you are older etc</p>
	<p>Touching and allowing others to touch me L/O To know that it is inappropriate to touch others' private body parts without permission</p>
	<p>Forming Relationships L/O To understand that a relationship, that is, having a girlfriend or a boyfriend, is reliant on building a strong friendship</p>
	<p>Sexual intimacy with another person L/O To understand the sexual act between two consenting people</p>

<p style="text-align: center;">Summer 1 Keeping safe</p>	<p>Risk Assessment L/O-Developing confidence and strategies to reduce risk. Evaluate ways of keeping safe in a variety of relevant situations and identify possible risks and hazards. Understand what a 'dare' is and identify some basic strategies for saying 'no' to pressure or dares. Describe how we can respond, including getting help, if we see or are sent upsetting or inappropriate online content. Explain that some actions (e.g., assaulting someone) are crimes, and how to respond, including reporting to police. Indicate an understanding of being offered a harmful substance.</p>
	<p>Key stage focus: Internet safety Stranger danger/safer strangers Independent travel safety (Road/car/rail/bus/taxi) Environmental dangers (e.g., Poisonous plants, plants/insects that sting). Etc. Fire safety Electrical safety Substance abuse Safety signs in the community/school/environment/work place.</p>
<p style="text-align: center;">Sumer 2 Developing a healthy, safer lifestyle</p>	<p>Leisure and relaxation L/O Encounter a variety of leisure and fitness activities. -Respond to images of leisure and fitness activities - Explore the range of leisure facilities in the community Learn about the work of charities Encounter a variety of charities.</p>
	<p>Safe relationships and lifestyles L/O Encounter work place activities and experiences</p>
	<p>Healthy eating L/O Express their likes and dislikes - Be aware of a range of healthy and less healthy foods and the effects of cooking methods</p>